



# Brisbane Kung Fu

Wu Zen Dao *The Way of Martial Art Zen*



**Shifu Richard Baker**



Shifu Richard has enjoyed his Chinese Martial Arts training for over 14 years under ShiGong Jason, Shifu Kevin and Shifu Peter. He has long held a fascination for martial arts and his prior training included Tae Kwon Do and Shotokan Karate.

- Shaolin long fist weapons is his forte, particularly long staff, nunchaku, and dao (Chinese Broadsword).
- Shaolin long fist weapons is his forte, particularly long staff, nunchaku, and dao (Chinese Broadsword).
- Shifu Richard has represented the school in NAS tournaments, where he has received local and state awards in veteran events. He also features regularly in school demonstrations and has often been singled out as an audience favourite.

With a particular interest in Chinese traditional weapons, Shifu Richard has pursued individual gradings in a number of weapon disciplines including the bang (short staff), gun (long staff), dao (Chinese broadsword), escrimas (double short sticks) and nunchakus (rice flail).

Shifu Richard has long worked with us behind the scenes, and continues contributing to the development of the school as a valued committee member. Shifu Richard's efforts and commitment to Brisbane Kung Fu has been rewarded with the Student of the Year (the school's highest achievement) in 2009 and 2013. In recent years, Shifu Richard has started rounding out his skill set with supplemental training in internal disciplines, and begun including Tai Ji practice with Shifu Kevin and Shifu Richard to his weekly regime. In only a few years he has reached assistant level in Tai Ji as well.

[shigongjason@brisbanekungfu.com](mailto:shigongjason@brisbanekungfu.com)

[www.brisbanekungfu.com](http://www.brisbanekungfu.com)

ph: 0412 313 653



# Brisbane Kung Fu

**Wu Zen Dao** *The Way of Martial Art Zen*



Our well attended children's classes were long under Shifu Richard's command, with several featured special events throughout the year. The skills and successes of his students are testament to his own passion and teaching abilities.

[shigongjason@brisbanekungfu.com](mailto:shigongjason@brisbanekungfu.com)

[www.brisbanekungfu.com](http://www.brisbanekungfu.com)

ph: 0412 313 653